When you have type 2 diabetes, you make a lot of decisions all day long. It can be overwhelming to manage so many things. But you’re doing it and tackling each new day.

The American Heart Association and American Diabetes Association built the Know Diabetes by Heart™ initiative to help you along the way. We hope you’re proud of yourself for all of your hard work!

Find answers to your questions and join the initiative at: KnowDiabetesbyHeart.org/join