

Heart Health: The Link Between Type 2 Diabetes and Chronic Kidney Disease



Kidney disease is a common complication of type 2 diabetes. If you have type 2 diabetes and kidney disease, you're at 3x higher risk of dying from a cardiovascular event like heart attack or stroke. There are actions you can take to reduce your risk.

IF YOU HAVE DIABETES, THERE IS A LOT MORE YOU CAN DO TO REDUCE YOUR RISK FOR HEART DISEASE AND STROKE.

Talk to your doctor about next steps. You're not in this alone. Find answers to your questions and join the initiative: [KnowDiabetesbyHeart.org/join](https://www.knowdiabetesbyheart.org/join)