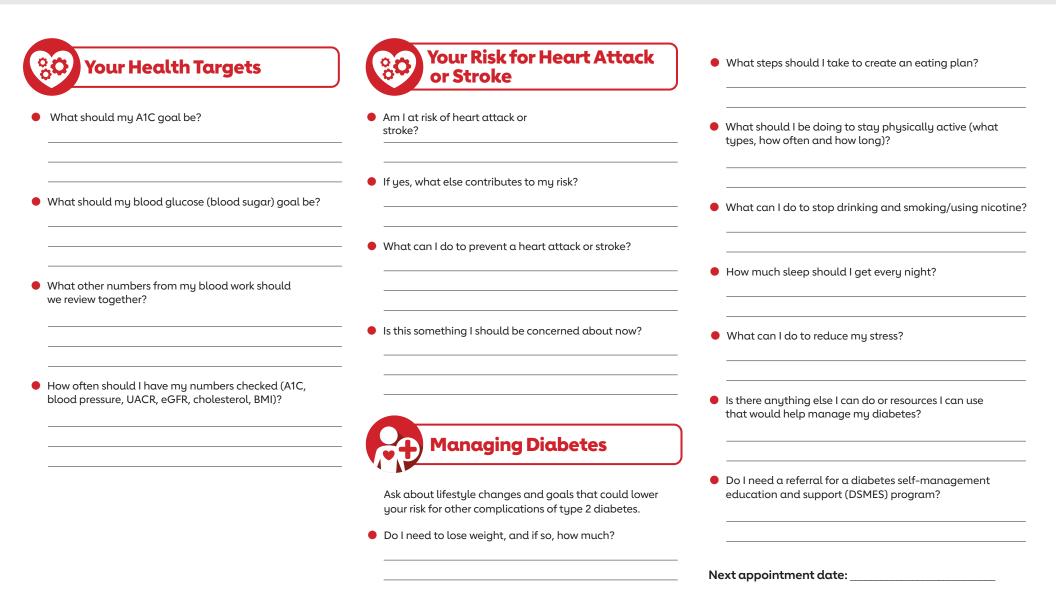


Talking with a Health Care Professional:

Understanding My Type 2 Diabetes Risk

Bring this sheet to your appointment and discuss the following questions.

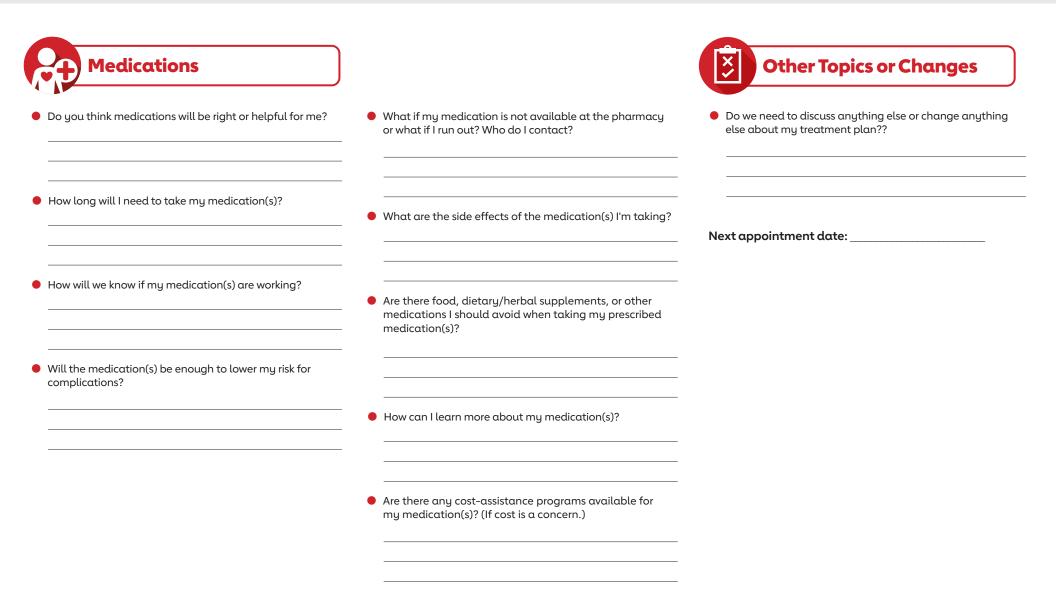




Talking with a Health Care Professional:

Type 2 Diabetes Medications

Bring this sheet to your appointment and discuss the following questions.





Medication Chart

Name_____

Date

Include all medicines prescribed by any health care professional and any supplements that you are taking on a daily and as needed basis.

Name of Medication	Color	What's It For	Dose	How Often and What Time	Prescribing Doctor	Pharmacy Number	Special Instructions	Refill Date
Example: Lisinopril	pink	heart failure	1 pill (5mg)	once a day	Dr. Jones	650-555-1234	take before or after a meal	5/1/22

Allergies to medicine and food