Do you have questions about diabetes, cardiovascular disease or managing your health and wellbeing?

Our trusted experts have the answers to help you or your loved one on your health journey.
Join us for our free Ask the Experts Q&A series created to help tackle issues commonly faced by people living with diabetes and their loved ones. Ask our clinical experts questions live and learn more about the relationship between diabetes, heart disease, stroke and kidney disease.

Courageous Conversations to Reduce Heart Disease and Stroke Risk
January 9, 2:00 p.m. ET

How to Lower Your Risk for Heart Disease if You Have Type 2 Diabetes
February 13, 2:00 p.m. ET

Type 2 & Kidney Health: What’s the Link?
March 12, 2:00 p.m. ET

Your Medication Questions Answered
April 9, 2:00 p.m. ET

High Blood Pressure and Type 2 Diabetes: The Impact on Health
May 14, 2:00 p.m. ET

How to Determine a Healthy Weight for You
June 11, 2:00 p.m. ET

Copyright 2023 American Diabetes Association®, a 501 (c) (3) not-for-profit. All rights reserved. Know Diabetes by Heart™ is a trademark of the American Heart Association® and the American Diabetes Association®. Unauthorized use prohibited.