



American
Heart
Association.



American
Diabetes
Association.

Know **Diabetes** by **Heart**™

2024

ASK THE **EXPERTS**

Do you have questions about diabetes, cardiovascular disease or managing your health and wellbeing?

Our trusted experts have the answers to help you or your loved one on your health journey.

Take Charge of Your Health

Join us for our free **Ask the Experts Q&A** series created to help tackle issues commonly faced by people living with diabetes and their loved ones. Ask our clinical experts questions live and learn more about the relationship between diabetes, heart disease, stroke and kidney disease.

Managing Diabetes and Heart Failure

July 9, 2:00 p.m. ET

How to Recognize and Treat Disease Burnout

August 13, 2:00 p.m. ET

Atherosclerosis: Head, Heart and Feet Relationship

September 10, 2:00 p.m. ET

The Latest in Type 2 Diabetes and Technology

October 8, 2:00 p.m. ET

Why Everyone Needs DSMES Services: Ask Your Provider for a Referral

November 12, 2:00 p.m. ET

8 Key Steps to Overall Health

December 10, 2:00 p.m. ET

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