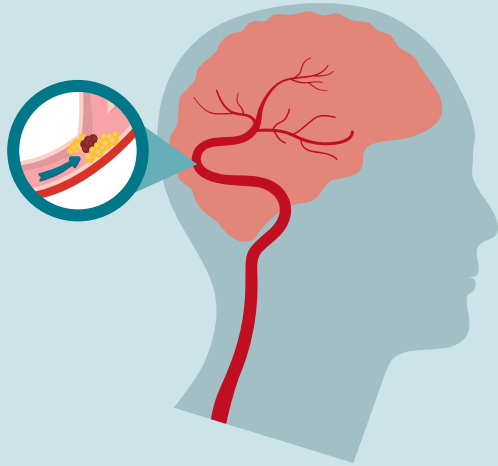




Learn more about treatment guidelines for cardiovascular disease and type 2 diabetes.

Know Diabetes by Heart™

Diabetes and Stroke



People living with diabetes are at higher relative risk (2) for stroke

Diabetes medications with proven benefits for stroke reduction



Pioglitazone has been shown to reduce the risk for stroke for those with insulin resistance



GLP-1 RAs, specifically dulaglutide and semaglutide, have been shown to reduce the risk for stroke

Hypertension and dyslipidemia, both common conditions coexisting with type 2 diabetes, also increase risk for stroke.

For hypertension:

<130/80

Target blood pressure

For dyslipidemia:

<70mg/dL

Target LDL-C for primary prevention

<55mg/dL

Target LDL-C for secondary prevention



- Statin therapy is the first-choice for primary and secondary prevention.
- Add-on therapies, including ezetimibe, PCSK9i, inclisiran, and bempedoic acid, if not meeting LDL goal on statins or intolerant to them.
- Fibrates or EPA are recommended to lower triglycerides to <150 mg/dL

EPA: eicosapentaenoic acid
PCSK9i: proprotein convertase subtilisin/kexin type 9 inhibitors

GLP-1 RA: glucagon-like peptide-1 receptor agonist
LDLC: low-density lipoprotein cholesterol

Learn more at [KnowDiabetesbyHeart.org](https://www.knowdiabetesbyheart.org)